



# MEMBER NEWSLETTER

WALLA WALLA YMCA



## Thank You Members

We hope you enjoyed the Y's 140th Anniversary and Membership Appreciation celebration this past week. Your continued support means the world to us and we were happy to see so many of you taking part in the festivities, delicious food and Y community.

For those of you who weren't able to make it to the celebration and would like a souvenir, please visit the Membership Services desk for one of our 140th anniversary stickers and a Y lip balm. Onward to the next 140 years.



## YAG is Back and Better than Ever

One of the YMCA's most distinctive youth development programs is Youth and Government (YAG), a student-led civic engagement program that operates throughout the school year.

For many students, YAG becomes one of the most meaningful experiences of their middle and high school years. Most students participate for multiple years, building confidence, public speaking skills, critical thinking, leadership capacity, and a deeper sense of civic responsibility. They learn how to advocate for ideas, collaborate with peers, and engage around complex issues in a thoughtful, nonpartisan way. These are skills that help shape students into informed, engaged, and service-minded community members.

Each May, our student delegation joins others from across the state for a 4-day mock legislative event in Olympia. Walla Walla has one of the largest state delegations making the cost to transport, house and feed over 50 youth about \$900 per student. If you'd like to support a YAG student, we welcome your directed, tax deductible donation. Simply write "YAG" on your check memo line or drop Karen a note and we'll take it from there. Thank you for helping to build future leaders.

[Give Today](#)



**Fall into Fitness**

Make sure to view the October program schedules posted on our website. Whether you come to the Y to swim, workout or exercise in community there is something for everybody. Schedules are also available in the Information Kiosk located in the lobby.

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## Food & Sock Drives

The Y's purpose is to help strengthen community. With that in mind we are pleased to support two important drives now in process.

**Harvest for Hope** is a collaborative effort of community partners and the Walla Walla Valley Hunger Relief Coalition, of which the YMCA is part. Together we are working to ensure that everyone in Walla Walla County has enough to eat. Donations of nonperishable food items are appreciated to help stock area food banks.

Additionally throughout the month the **Walla Walla Kiwanis Community Sock Drive** welcomes donations of new socks for youth and adults to help keep feet warm this winter. This drive benefits those who rely on services provided by the Sleep Center, Christian Aid Center and YWCA.

Collection bins for both programs are found in the Y's lobby.

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**October 12 Blood Drive**

As an American Red Cross partner, the Y will be hosting a Fall blood drive on October 12. The drive will take place in the Multipurpose room from 11:00 AM - 4:00 PM.

Thank you for donating the gift of life. Please register [here](#).



## Lifeguard Training

Now's your chance to sign up for Lifeguard Training. We'll be offering American Red Cross certification over the course of 4 days in November:

November 20: 4pm-8pm

November 21: 9am-5pm

November 22: 10am-4pm

November 23 (test day): 4pm-8pm

Training is available to anyone age 15 and older. For those who pass and become Y lifeguards we'll reimburse the fee.

And if you can't make this class but would like to explore becoming a lifeguard, we invite you to speak with Brad or Emily in the Aquatics Department who can help you practice the required swim skills.

**Lifeguard Training**

Chamber Music Festival

AAUW  
Kitchen Tour

Dancing With the W2  
Stars

Walla Walla YMCA | 340 S. Park St | Walla Walla, WA 99362 US

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