



# MEMBER NEWSLETTER

WALLA WALLA YMCA



## Taking Care of Our Y—One Improvement at a Time

We're replacing the old fluorescent lighting found throughout the Y with more energy-efficient LED lighting. Over the next one-to-two weeks, you'll see electricians onsite, working carefully around classes, programs, members and staff.

The Wellness Center, Multipurpose Room (MPR) and Learning Center (Childcare) were built with LED lighting, so the current lighting project will focus on the rest of the facility—including the 3 gyms, locker rooms, Action Zone/Teen Center, Aquatics Center, hallways, offices and exterior lights.

This is one example of how we carefully invest your membership dollars in the Y's facility and grounds. Each year, we develop a prioritized list of preventative maintenance tasks, repairs and facility and landscaping improvements. We address the most important needs first while looking for ways to stretch every dollar as supply, equipment and labor costs continue to rise.

And if you notice something at the Y that you think needs attention, please let us know. It may already be on our list. And we may simply be working toward it in a different order or timeframe.

We're not overlooking the little things—or the big ones. We're being thoughtful about how and when we invest the resources entrusted to us so we can keep the Y safe, welcoming and well maintained for years to come.



## Every Drop Matters

We know a warm shower feels great after a workout. And with hundreds of members using the Y each week, those showers add up to a significant amount of water. A 20-minute shower consumes roughly 40 to 50 gallons of water.

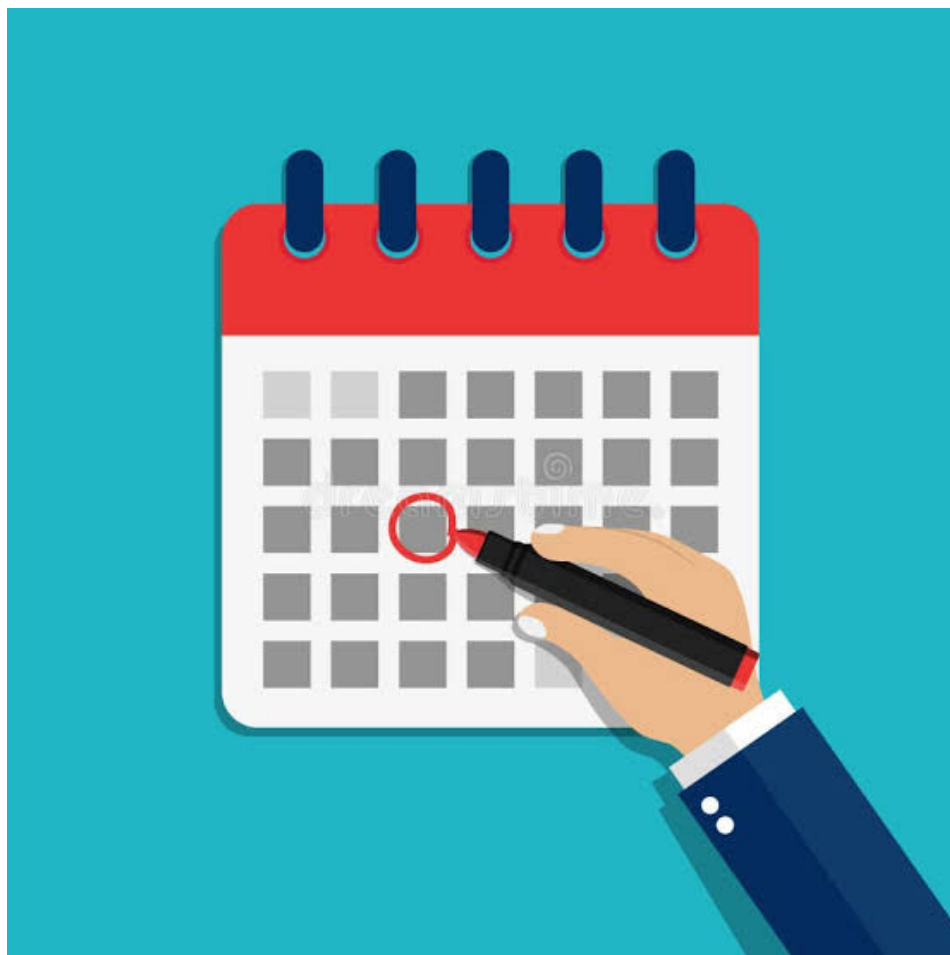
Right now, every drop matters. Our community has been affected by area wildfires, including significant effects on the Walla Walla watershed. Water conservation is being urged.

We need your help. Please continue to shower before and after swimming and after your workout—but keep personal showers as short as possible (under 5 minutes). A few minutes less can save gallons of water, and when our entire Y community does its part, the impact adds up.

Thank you for helping the Y be a good community partner and for doing your part to conserve this important shared resource.

Same great workout. Shorter showers. A meaningful difference for our community.

---



## **Hold the Date — September 28**

We're celebrating you!

On Monday, September 28, we're celebrating the Y's 140 years of service in the Walla Walla Valley—and the members who have made our work possible.

Join us for a free light meal, sweet treats and time to connect with friends and fellow members.

The Mill food truck will be here with refreshments for our morning members and will return from 3:00–6:00 PM along with La Monarca, offering a choice of light meals.

Y member and baker extraordinaire Amanda Morse will also be treating us to morning pastries and sweet baked treats in the afternoon.

Active members: On September 28, please stop by Membership Services to pick up a Meal Ticket. Tickets are good for one meal, while supplies last.

While you're here, take a stroll down memory lane with our "Y Then & Now" slideshow, visit some of the Y program areas you may not know much about, and enjoy some time with the people who make our Y community special.

Celebrate with us as we celebrate you!

---

## **Your Time. Your Skills. Your Y.**

Ever noticed something about the Y you'd like to see cleaned or refreshed? Spruced up grounds? Painted walls? Are you skilled in construction? A committed cleaner? Want to become a lifeguard or drive our childcare bus? Our Y welcomes volunteers. We have the projects if you have the ability.

Last Friday, 20 students from College Place High School provided a Day of Service at the Y - painting the upstairs bike/stretch area, cleaning windows, washing buses and picking up outside.

If you would like to volunteer for a single task, or an ongoing role, we'd love to hear from you. Please reach out to us at [info@wwymca.org](mailto:info@wwymca.org).

**BE THE  
CHANGE**  
VOLUNTEER &  
MAKE THE DIFFERENCE



Classes are available for Pebbles (ages 4-6) and Pitons (ages 7-10). Register today

### Fall Rock Climbing

We're bringing back climbing classes in the Action Zone; a great way for kiddos to build confidence, and coordination while having fun on the Y's climbing wall. Classes are offered in three two-week sessions, on Tuesdays and Thursdays:

Sept 22 - Oct 1  
Oct 6 - Oct 15  
Oct 20 - Oct 29

**Rock Climbing**



## Safety Around Water - Swim Lessons

The Y's American Red Cross youth swim lesson program is open for Fall enrollment. Lessons will run from Sept 14 - Oct 1. Each class operates for 6 days with an option of either Monday/Wednesday or Tuesday/Thursday lessons. Classes for beginner to intermediate level swimmers are designed for youth ages 4-5 (starting at 4:30 pm) and 6-12 (starting at 5:30 pm).

**Swim Lessons**

## Early Learning Starts Here

There are a few spots available for kiddos in our licensed Preschool and Toddler programs. The Y's early learning programs in Walla Walla and Milton-Freewater are dedicated to providing children ages 1-5 a quality, STEAM-based and enjoyable learning experience that supports their cognitive, physical, social and emotional development.

Program options include full or half days, full and partial weeks. Come for a tour and meet our team.

Eligible families may qualify for financial assistance.

**Childcare**



Walla Walla YMCA | 340 S. Park St | Walla Walla, WA 99362 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!