



MAIN POOL SCHEDULE

SEPTEMBER

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
CLOSED	6:00-7:25 LAP / WW ALL LANES	6:00-7:25 LAP / WW ALL LANES	6:00-7:25 LAP / WW ALL LANES	6:00-7:25 LAP / WW ALL LANES	6:00-7:25 LAP / WW ALL LANES	CLOSED
	7:30-8:25 AQUA FITNESS 4 LANES 2 LAP LANES	7:30-8:25 AQUA AEROBICS NO LAP LANES	7:30-8:25 AQUA FITNESS 4 LANES 2 LAP LANES	7:30-8:25 AQUA AEROBICS NO LAP LANES	7:30-8:25 AQUA FITNESS 4 LANES 2 LAP LANES	9:00-1:00 LAP / WW ALL LANES
	8:30-9:25 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:25 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:25 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:25 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:25 H.E.A.R.T. ALL LANES NO LAP LANES	
10:00-NOON LAP / WW ALL LANES	9:35-1:00 LAP / WW ALL LANES	9:35-1:00 LAP / WW ALL LANES	9:35-1:00 LAP / WW ALL LANES	9:35-1:00 LAP / WW ALL LANES	9:35-1:00 LAP / WW ALL LANES	1:00-2:45 OPEN SWIM ALL LANES
NOON-1:45 OPEN SWIM ALL LANES	1:00-2:00 SCHOOL LESSONS NO LAP LANES	1:00-2:00 SCHOOL LESSONS NO LAP LANES	1:00-12:00 SCHOOL LESSONS NO LAP LANES	1:00-2:00 SCHOOL LESSONS NO LAP LANES	1:00-2:00 SCHOOL LESSONS NO LAP LANES	
CLOSED	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	3:00-5:00 PROGRAMS & RENTALS
	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	
	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES		5:30-8:00 OPEN/LAP SWIM 3 LANES EACH
	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH		

Want to join the Lifeguarding Crew? We're Hiring!



wwwymca.org/employment

PRIVATE LESSONS MAY RESERVE A LANE AT ANY TIME.



WARM POOL SCHEDULE

SEPTEMBER

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
CLOSED	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	CLOSED
10:00-NOON ADULT OPEN/ VETERANS' SWIM 18+ Only	9:45-10:30 Joint Mobility and Stretch	9:45-10:30 LIGHT AEROBICS	9:45-10:30 Joint Mobility and Stretch	9:45-10:30 LIGHT AEROBICS	9:45-10:30 Joint Mobility and Stretch	9:00-10:00 ADULT OPEN/ VETERANS' SWIM 18+ Only
	10:30-1:00 ADULT OPEN/ VETERANS' SWIM 18+ Only	10:30-1:00 ADULT OPEN/ VETERANS' SWIM 18+ Only	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd of the month	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd of the month	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd of the month	10:00-2:45 OPEN SWIM
NOON-1:45 OPEN SWIM			11:30-1:00 ADULT OPEN/ VETERANS' SWIM	11:30-1:00 ADULT OPEN/ VETERANS' SWIM	11:30-1:00 OPEN SWIM FOR FAMILIES WITH SMALL CHILDREN	
	1:00-2:00 SCHOOL LESSONS	1:00-2:00 SCHOOL LESSONS	1:00-2:00 SCHOOL LESSONS	1:00-2:00 SCHOOL LESSONS	1:00-2:00 SCHOOL LESSONS	
CLOSED	2:00-4:30 OPEN SWIM	2:00-4:30 OPEN SWIM	2:00-4:30 OPEN SWIM	2:00-4:30 OPEN SWIM	2:00-7:45 OPEN SWIM	CLOSED
	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS		
	7:00-7:45 OPEN SWIM	7:00-7:45 OPEN SWIM	7:00-7:45 OPEN SWIM	7:00-7:45 OPEN SWIM		