



MEMBER NEWSLETTER

WALLA WALLA YMCA



Reading, 'Rithmetic and Writing Time

As you reflect on your school years, now's a good time to do a little present-day homework. August is **National Make-A-Will Month**, and we encourage you to participate because it's a great way to record your wishes for those who are meaningful to you.

By creating your will, you can safeguard the people, pets, and possessions closest to your heart. We also invite you to include a gift to the Y in your plans to join us in supporting generations to come.

Our partner, **FreeWill's** free and secure online platform, guides you through completing your will in just 20 minutes. There's no time like the present to plan for the future.

[FreeWill](#)



Back to School

Summer was hot, smokey and fun. Roughly 400 children shared adventures and friendships and kept the Y's summer counselors and year-round staff on their toes. Our thanks to the parents, grandparents, foster families, partners and donors who helped make Y summer camps a success.

For the 2026-2027 school year, our childcare programs in Walla Walla and Milton-Freewater are accepting registration packets for the few remaining slots in both of the Y's licensed programs. Please reach out if you have questions about our quality early learning and afterschool enrichment programs for children ages 1-12.

HYGIENE DRIVE

TOOTH PASTE
& BRUSHES

BODY WASH
& WIPES

SHAMPOO &
CONDITIONER

DEODORANT

AUGUST 3 - AUGUST 28

Thank You

We appreciate the support that members and guests provide to the Y's partnerships with other local non profits. This months' **Hygiene Drive** that provides essential products for youth in the community has been a huge success - thanks to you.

We will soon add a food barrel in the lobby area to support BMAC's **Harvest for Hope** program. BMAC continues to see increased demand at its food pantries while the cost of food is rising for families. Food donations help our neighbors in need.



Roller Derby at the Y

It's another home game for the Walla Walla Sweets this weekend; this time they'll face off against the Alter Egos.

Saturday's (Aug 22) rollergirl bout will be held in the Y's Main Gym. Doors open at 6:30PM and the bout itself starts at 7:30PM. Tickets are available in advance at the YMCA for \$10 or for \$12 at the door on event day.



Red Cross Wildfire Response

Want to help those in the community affected by wildfires? The Red Cross will be holding a Wildfire Response Training bootcamp. This five-hour session will provide valuable information and resources to help you be able to respond to community needs during a wildfire.

Training will be held Thursday, August 27 from 9AM-2PM in the Y's Boardroom.

Red Cross Training

LUNCH & LEARN

HEALTH & WELLNESS TALK WITH EXPERTS

Lunch & Learn

The Y's discussion-based Lunch & Learn series is returning next month. This time with Chris Bruce, a Health & Wellness Educator/Advisor. Over the course of his career, Chris has served as an educator and consulted with and supported tens of thousands of people seeking to understand their health.

Lunch & Learn is **FREE**, and registration is not required. The session will be held Tuesday, September 1 at 12:15PM in the Y Boardroom.



Pool Schedule Update

With younger campers returning to school, many of our staff who serve as lifeguards are embarking for high school or college. Many of our returning skilled staff are students who cannot work before 7:00AM during the school year.

To ensure optimal safety for our pool patrons, and as we continue to recruit and train new staff, on **September 1** we are implementing three **pool schedule changes**:

- The Monday-Friday pool **opening** will change from 5:00AM to a **6:00AM**.

- To accommodate our lap swimmers who prefer the early morning swim time, we are adding a new hour of circle/lap swim from 7:30 - 8:30AM in the main pool.
- To allow time for the lifeguards to move lane lines between classes and lend support to members as needed, all pool sessions are being adjusted to 55 minutes instead of 60.

Thank you for your understanding and cooperation as we strive to ensure that we meet the varied needs of all who rely on the Y's pools.

If you are age 15+ and interested in becoming a Y lifeguard, please let us know. We provide American Red Cross lifeguard certification and Y membership is free for Y staff and volunteers.



Cycle Class Upstairs

Starting in September, our Cycle class will move to the upstairs exercise area, located above the racquetball courts.

Join us Monday, Wednesday & Friday from 9:00–10:00 AM for a great way to get moving and start your day strong.

**Wheelin' Walla Walla Car
Show**

**Shakespeare Under
the Stars**

**Summer Concert: Brittany
Collins**

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