

MAIN POOL SCHEDULE

August–December

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
CLOSED	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	CLOSED
	7:30-8:30 AQUA FITNESS ALL LANES NO LAP LANES	7:30-8:30 AQUA AEROBICS 4 LANES NO LAP LANES	7:30-8:30 AQUA FITNESS ALL LANES NO LAP LANES	7:30-8:30 AQUA AEROBICS 4 LANES NO LAP LANES	7:30-8:30 AQUA FITNESS ALL LANES NO LAP LANES	
	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	9:00-1:00 LAP / WW ALL LANES
10:00-NOON LAP / WW ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	
NOON-1:45 OPEN SWIM ALL LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:45 OPEN SWIM ALL LANES
CLOSED	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	2:00-4:30 LAP / WW ALL LANES	3:00-5:00 PROGRAMS & RENTALS
	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	4:30-5:30 3 LANES LAP/WW 3 LANES WWSC	4:30-5:30 3 LANES LAP/ WW 3 LANES WWSC	4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	
	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES	5:30-7:00 SWIM LESSONS/ LAP SWIM 2 LANES	5:30-6:30 OPEN SWIM 2 LAP LANES	CLOSED
	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	7:00-8:00 OPEN/LAP SWIM 3 LANES EACH	



WARM POOL SCHEDULE

August-December

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
CLOSED	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	CLOSED
10:00-NOON ADULT OPEN/ VETERANS' SWIM 18+ Only	9:45-10:30 Joint Mobility and Stretch	9:45-10:30 LIGHT AEROBICS	9:45-10:30 Joint Mobility and Stretch	9:45-10:30 LIGHT AEROBICS	9:45-10:30 Joint Mobility and Stretch	9:00-10:00 ADULT OPEN/ VETERANS' SWIM 18+ Only
	10:30-1:00 ADULT OPEN/ VETERANS' SWIM 18+ Only	10:30-1:00 ADULT OPEN/ VETERANS SWIM 18+ Only	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd week of the Month	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd week of the Month	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd week of the Month	10:00-2:45 OPEN SWIM
11:30-1:00 ADULT OPEN/ VETERANS' SWIM			11:30-1:00 ADULT OPEN/ VETERANS' SWIM	11:30-1:00 OPEN SWIM FOR FAMILIES WITH SMALL CHILDREN		
NOON-1:45 OPEN SWIM	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	
CLOSED	2:00-4:30 OPEN SWIM	2:00-4:30 OPEN SWIM	2:00-4:30 OPEN SWIM	2:00-4:30 OPEN SWIM	2:00-4:30 ADULT OPEN 18+ Only	CLOSED
	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:45 OPEN SWIM	
	7:00-7:45 OPEN SWIM	7:00-7:45 OPEN SWIM	7:00-7:45 OPEN SWIM	7:00-7:45 OPEN SWIM		