

## **MAIN POOL SCHEDULE**

April 1 - June 30, 2025

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
CLOSED	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	CLOSED
	7:30-8:30  AQUA FITNESS  ALL LANES  NO LAP LANES  8:30-9:30  H.E.A.R.T.  ALL LANES  NO LAP LANES	7:30-8:30  AQUA AEROBICS  4 LANES  NO LAP LANES  8:30-9:30  H.E.A.R.T.  ALL LANES  NO LAP LANES	7:30-8:30  AQUA FITNESS  ALL LANES  NO LAP LANES  8:30-9:30  H.E.A.R.T.  ALL LANES  NO LAP LANES	7:30-8:30  AQUA AEROBICS  4 LANES  NO LAP LANES  8:30-9:30  H.E.A.R.T.  ALL LANES  NO LAP LANES	7:30-8:30  AQUA FITNESS  ALL LANES  NO LAP LANES  8:30-9:30  H.E.A.R.T.  ALL LANES  NO LAP LANES	9:00-1:00 LAP / WW ALL LANES
10:00- NOON LAP / WW ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	, LE LI WES
NOON- 1:45 OPEN SWIM ALL LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:45 OPEN SWIM ALL LANES
CLOSED	2:00-4:30 LAP / WW ALL LANES  4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	2:00-4:30 LAP / WW ALL LANES  4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	2:00-4:30 LAP / WW ALL LANES 4:30-5:30 3 LANES LAP/WW 3 LANES WWSC	2:00-4:30 LAP / WW ALL LANES  4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	2:00-4:30 LAP / WW ALL LANES  4:30-5:30 3 LANES LAP / WW 3 LANES WWSC	3:00-5:00 PROGRAMS & RENTALS
	5:30-7:00 Y SWIM LESSONS	5:30-7:00 Y SWIM LESSONS	5:30-7:00 Y SWIM LESSONS	5:30-7:00 Y SWIM LESSONS	<b>5:30-6:30 OPEN SWIM</b> 2 LAP LANES	CLOSED
	7:00-8:00 LAP / WW ALL LANES	7:00-8:00 LAP / WW ALL LANES	7:00-8:00 LAP / WW ALL LANES	7:00-8:00 LAP / WW ALL LANES	7:00-8:00 LAP / WW ALL LANES	



## **WARM POOL SCHEDULE**

April 1 - June 30, 2025

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
CLOSED	6:00-9:45 <b>ADULT OPEN</b> 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-9:45 ADULT OPEN 18+ Only	6:00-10:30 ADULT OPEN 18+ Only	CLOSED
10:00- NOON	9:45-10:30  Joint Mobility and Stretch	9:45-10:30 LIGHT AEROBICS	9:45-10:30 Joint Mobility and Stretch	9:45-10:30 LIGHT AEROBICS		9:00-10:00 VETERANS' SWIM Spouses Welcome 18+ Only
ADULT OPEN 18+ Only	10:30-1:00 ADULT OPEN 18+ Only	10:30-11:30 ADULT OPEN 18+ Only	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd	10:30-11:30 YMCA PRESCHOOL Every 1st and 3rd	10:00-2:45 <b>OPEN SWIM</b>
NOON-1:45 OPEN SWIM		11:30-1:00 VETERANS' SWIM Spouses Welcome 18+ Only	11:30-1:00 ADULT OPEN 18+ Only	veek of the Month 11:30-1:00 VETERANS' SWIM Spouses Welcome 18+ Only	11:30-1:00 OPEN SWIM FOR FAMILIES WITH SMALL CHILDREN	
	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	1:00-2:00 SCHOOL GROUP LESSONS	
	2:00-4:30 OPEN SWIM	2:00-4:30 <b>OPEN SWIM</b>	2:00-4:30 <b>OPEN SWIM</b>	2:00-4:30 OPEN SWIM	2:00-4:30 ADULT OPEN 18+ Only	
CLOSED	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:00 SWIM LESSONS	4:30-7:45 <b>OPEN SWIM</b>	CLOSED
	7:00-7:45 <b>OPEN SWIM</b>	7:00-7:45 <b>OPEN SWIM</b>	7:00-7:45 <b>OPEN SWIM</b>	7:00-7:45 <b>OPEN SWIM</b>		