



# MAIN POOL SCHEDULE

MAY – JUNE 2023

Please check white board on pool deck for any scheduling changes.

| SUN                                 | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SAT                                |
|-------------------------------------|--|--|--|--|--|------------------------------------|
| CLOSED                              | 5:00-7:30<br>LAP / WW<br>ALL LANES                                   | 5:00-7:30<br>LAP / WW<br>ALL LANES                                   | 5:00-7:30<br>LAP / WW<br>ALL LANES                                   | 5:00-7:30<br>LAP / WW<br>ALL LANES                                   | 5:00-7:30<br>LAP / WW<br>ALL LANES                                   | 7:00-NOON<br>LAP / WW<br>ALL LANES |
| 8:00-10:00<br>WWSC RENTAL           | 7:30-8:30<br>AQUA AEROBICS<br>ALL LANES<br>NO LAP LANES              | 7:30-8:30<br>AQUA AEROBICS<br>ALL LANES<br>NO LAP LANES              | 7:30-8:30<br>AQUA AEROBICS<br>ALL LANES<br>NO LAP LANES              | 7:30-8:30<br>AQUA AEROBICS<br>ALL LANES<br>NO LAP LANES              | 7:30-8:30<br>AQUA AEROBICS<br>ALL LANES<br>NO LAP LANES              | NOON-3:00<br>OPEN SWIM             |
| 10:00-NOON<br>LAP / WW<br>ALL LANES | 8:30-9:30<br>HEART<br>ALL LANES                                      | 8:30-9:30<br>HEART<br>ALL LANES                                      | 8:30-9:30<br>HEART<br>ALL LANES                                      | 8:30-9:30<br>HEART<br>ALL LANES                                      | 8:30-9:30<br>HEART<br>ALL LANES                                      | 3:00-4:30<br>PROGRAMS & RENTALS    |
| NOON-2:00<br>OPEN SWIM              | 9:30-1:00<br>LAP / WW<br>Private Lessons<br>ALL LANES                | 9:30-1:00<br>LAP / WW<br>Private Lessons<br>ALL LANES                | 9:30-1:00<br>LAP / WW<br>Private Lessons<br>ALL LANES                | 9:30-1:00<br>LAP / WW<br>Private Lessons<br>ALL LANES                | 9:30-1:00<br>LAP / WW<br>Private Lessons<br>ALL LANES                | CLOSED                             |
| CLOSED                              | 1:00-2:00<br>SWIM LESSONS<br>NO LAP LANES<br>Open Swim<br>June 19-30 | 1:00-2:00<br>SWIM LESSONS<br>NO LAP LANES<br>Open Swim<br>June 19-30 | 1:00-2:00<br>SWIM LESSONS<br>NO LAP LANES<br>Open Swim<br>June 19-30 | 1:00-2:00<br>SWIM LESSONS<br>NO LAP LANES<br>Open Swim<br>June 19-30 | 1:00-2:00<br>SWIM LESSONS<br>NO LAP LANES<br>Open Swim<br>June 19-30 | CLOSED                             |
| CLOSED                              | 2:00-3:30<br>LAP / WW<br>ALL LANES                                   | 2:00-3:30<br>LAP / WW<br>ALL LANES                                   | 2:00-3:30<br>LAP / WW<br>ALL LANES                                   | 2:00-3:30<br>LAP / WW<br>ALL LANES                                   | 2:00-3:30<br>LAP / WW<br>ALL LANES                                   | CLOSED                             |
| CLOSED                              | 3:30-4:30<br>WWSC RENTAL<br>LAP / WW 3 LANES                         | 3:30-4:30<br>WWSC RENTAL<br>LAP / WW 3 LANES                         | 3:30-4:30<br>WWSC RENTAL<br>LAP / WW 3 LANES                         | 3:30-4:30<br>WWSC RENTAL<br>LAP / WW 3 LANES                         | 3:30-5:30<br>WWSC RENTAL<br>LAP / WW 3 LANES                         | CLOSED                             |
| CLOSED                              | 4:30-5:30<br>WWSC RENTAL<br>LESSONS 3 LANES                          | 4:30-5:30<br>WWSC RENTAL<br>LESSONS 3 LANES                          | 4:30-5:30<br>WWSC RENTAL<br>LESSONS 3 LANES                          | 4:30-5:30<br>WWSC RENTAL<br>LESSONS 3 LANES                          |  | CLOSED                             |
| CLOSED                              | 5:30-7:00<br>Y SWIM LESSONS<br>NO LAP LANES                          | 5:30-7:00<br>Y SWIM LESSONS<br>NO LAP LANES                          | 5:30-7:00<br>Y SWIM LESSONS<br>NO LAP LANES                          | 5:30-7:00<br>Y SWIM LESSONS<br>NO LAP LANES                          | 5:30-7:30<br>OPEN SWIM<br>2-3 LAP LANES                              | CLOSED                             |
| CLOSED                              | 7:00-8:45<br>LAP / WW<br>ALL LANES                                   | 7:00-8:45<br>LAP / WW<br>ALL LANES                                   | 7:00-8:45<br>LAP / WW<br>ALL LANES                                   | 7:00-8:45<br>LAP / WW<br>ALL LANES                                   | 7:30-8:45<br>LAP / WW<br>ALL LANES                                   | CLOSED                             |



# WARM POOL SCHEDULE

MAY – JUNE 2023

Please check white board on pool deck for any scheduling changes.

| SUN    | MONDAY                                      | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SAT   |  |
|--------|---|---|--|---|--|---|--|
| CLOSED | 6:00–9:45<br><b>ADULT OPEN</b><br>18+ Only  | 6:00–9:45<br><b>ADULT OPEN</b><br>18+ Only        | 6:00–9:45<br><b>ADULT OPEN</b><br>18+ Only         | 6:00–9:45<br><b>ADULT OPEN</b><br>18+ Only        | 6:00–NOON<br><b>ADULT OPEN</b><br>18+ Only                     | 7:00–9:00<br><b>ADULT OPEN</b><br>18+ Only                        |  |
|        | 10:00–NOON<br><b>ADULT OPEN</b><br>18+ Only | 9:45–10:45<br><b>JOINT MOVEMENT &amp; STRETCH</b> | 9:45–10:45<br><b>CARDIO WAVE</b><br>Light Aerobics | 9:45–10:45<br><b>JOINT MOVEMENT &amp; STRETCH</b> |  | 9:45–10:45<br><b>CARDIO WAVE</b><br>Light Aerobics                | 9:00–10:00<br><b>VETERANS' SWIM</b><br>Spouses Welcome<br>18+ Only |
|        | NOON–2:00<br><b>OPEN SWIM</b>               | 10:45–4:30<br><b>OPEN SWIM</b>                    | 10:45–4:30<br><b>OPEN SWIM</b>                     | 10:45–4:30<br><b>OPEN SWIM</b>                    | 10:45–4:30<br><b>OPEN SWIM</b>                                 | NOON–1:00<br><b>VETERANS' SWIM</b><br>Spouses Welcome<br>18+ Only | 10:00–3:00<br><b>OPEN SWIM</b>                                     |
|        |   |   |  |   |  | 1:00–4:00<br><b>OPEN SWIM</b>                                     | 3:00–4:00<br><b>RENTALS</b>  |
| CLOSED | 4:30–7:00<br><b>SWIM LESSONS</b>            | 4:30–7:00<br><b>SWIM LESSONS</b>                  | 4:30–7:00<br><b>SWIM LESSONS</b>                   | 4:30–7:00<br><b>SWIM LESSONS</b>                  | 4:00–4:30<br><b>PRIVATE SWIM LESSONS</b>                       | CLOSED  |  |
|        |   |   |  |   | 4:30–6:00<br><b>OPEN SWIM FOR FAMILIES WITH SMALL CHILDREN</b> |   |  |
|        |   |   |  |   | 6:00–8:45<br><b>OPEN SWIM</b>                                  |   |  |
|        | 7:00–8:45<br><b>OPEN SWIM</b>               | 7:00–8:45<br><b>OPEN SWIM</b>                     | 7:00–8:45<br><b>OPEN SWIM</b>                      | 7:00–8:45<br><b>OPEN SWIM</b>                     |  |   |  |